



Grange Academy

Belong • Believe • Achieve

Article 2: *All children have these rights, no matter who they are, where they live, what their parents do, what language they speak, what their religion is, whether they are a boy or girl, what their culture is, whether they have a disability, whether they are rich or poor. No child should be treated unfairly on any basis.*

Food for Life Policy

Policy Status: Other

Review Cycle: 2 Years

Owner: Rachel Timms - Headteacher

Date: September 2025

Approved by: SLT

Date: September 2025

Review Date: September 2027

**Mission statement:**

We will work to improve the health of the whole school community by equipping pupils and their families with ways to establish healthy eating habits that benefit both themselves and the environment.

We will provide high quality food education and food in school to help ensure that food messages are consistent during the school day.

We will provide extra support to families who are in need through the food share scheme, this also champions our Eco school ethos as it reduces food waste in local supermarkets.

Leadership:**Goal**

Ensure senior leaders and governors prioritise family health and sustainable food and farming procedures.

How we will achieve this.

Ask the whole school community for its views on food issues

Work with the whole school community to put together and review the school food policy and action plan.

Keeping everyone informed about food issues in school that change. Building confidence in school food and raise the number of children who have school meals

Ensure staff have up to date knowledge, skills, and resources to teach children about food, healthy living, and food sustainability.

Lunchtime:**Goal**

Ensure pupils and staff receive nutritious, fresh, local foods at lunchtimes and throughout the school day, and that this food is seasonal, delicious, affordable, and safe.

How we will achieve this.

Provide food of consistent nutritional quality throughout the school day which meets the current Governments food regulations.

We aimed to meet the Food for Life Catering Mark Standards of 75% freshly, prepared, and address issues of seasonality, animal welfare and sustainable fishing. We have achieved this and it is consistently running through the catering.

Ensure catering staff are involved in school life and provided with opportunities for continuous professional development.

Ensure pupils have easy access to drinking water throughout the day which is separate from the toilet area.

Learning:

Goal

Provide a well-planned curriculum that covers nutrition, food hygiene and sustainable and ethical food production. To offer practical hands – on food education like cooking and growing projects and farm links.

How we will achieve this:

Helping pupils to understand the importance of a healthy diet and physical activity.
Give pupils and the wider community the opportunity to plan, prepare and cook healthy, safe meals.

Give pupils and the wider community the opportunity to learn about growing and farming of food and its impact on the environment.

We now have more dedicated allotment space and sessions with children within school curriculum hours.

Encourage pupils to eat and cook with vegetables which they have grown at home and within school.

Produce that is harvested in the allotments is given to the food room to be incorporated into the pupils' cookery sessions – this is now being done consistently on a week by week basis

Create opportunities for pupils to get to know local producers and food businesses.

Sharing and caring:

Goal

Create an enjoyable lunchtime environment and experience.

Involve parents and guardians in an ongoing healthy packed lunch and snack campaign.
Only work with brands or businesses that support the Food for Life aims and comply with Government food standards.

Involve the whole school community in growing and cooking projects and food events to help promote healthy and sustainable food

Share the lessons we learn on food issues with other schools and community groups.

This policy will be monitored by the School Nutrition Action Group (SNAG), with termly reports to the governing body.