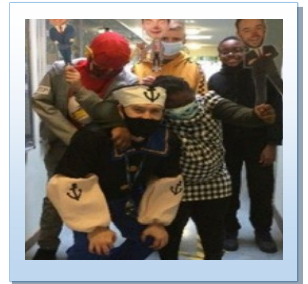


RSHE

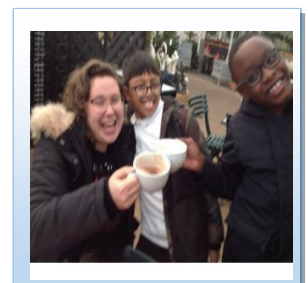
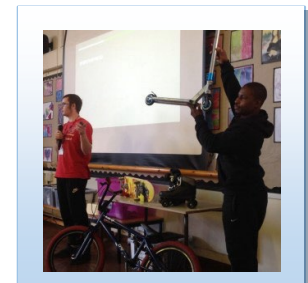
Intent

RSHE at Grange is made up of RSE, PSE, Life Skills and EHCP Targets. We are a rights respecting school and as such we believe that PSE /RSE and life skills play a central role in communicating and understanding these rights. In addition, our Grange values, which are separated into 3 categories: Belong, Believe and Achieve underpin our PSE/ RSE/ Life Skills programme which has been developed from these core values. We want our pupils to believe in themselves, acknowledge their strength and develop strategies to help them deal with any personal challenges. We want them to feel that they belong and know that they are a valuable member of the school and of the wider community. We want our pupils to be tolerant, accepting of other cultures so that we can encourage a strong sense of self-worth in each of them, and so that we can encourage our pupils take their place in their community by working with others to contribute as good citizens. We will support our pupils to build and sustain fulfilling and meaningful relationships and help them to be aware of, and manage potential problems, in a kind, restorative way. We will also encourage them to understand the world around them including potential risks to their health, wellbeing and safety and actively teach them skills to recognise, understand, address, and get help when needed. We will help them to recognise, adopt and maintain a healthy lifestyle and to manage the practicalities of home life by developing their core life skills across and within the community. Above all, we will strive to ensure that all our pupils are happy and emotionally resilient so that they can cope with the challenges that modern living presents to them.



Implementation

Although pupils have designated lessons in these subjects at Grange Academy we ensure that these skills are re-enforced across the curriculum and the school day; all staff at Grange are pastoral advocates. Individual needs are also considered and where relevant, personal targets are set so that pupils have a bespoke support plan to develop and grow. Lessons are largely practical, and discussion is used to encourage participation from all. Learning will often take place outside the classroom in the form of visits and trips e.g. to the shops, cafes, journeys on public transport. Work experience, mental health days and charity events also support and celebrate learning. Progress is monitored and measured regularly through discussions, verbal feedback, marking, the Grange Steps and reviews. Individual accomplishments and progress are acknowledged and celebrated.



Impact

The impact of RSHE at Grange Academy will to be measured by the pupils' knowledge and understanding throughout their time at the school and their ability to build on the knowledge they have gained every year. It is also evidenced using Evidence Me. Most importantly, progress will be measured on our pupils' ability and confidence to use the knowledge and skills they have gained to make better decisions now and, in the future, to deal with personal challenges and become as independent as possible in their relationships, work, and personal lives.