



LTP 3 Year Rolling Programme- RSHE-Red Kites



LOTC	Yr 11 College Open Day Parent drop in for post 16 providers Hello Yellow Day Online safety expectations CIN Day	Apprenticeships Team – workshop College visits / Careers Fayre Visits to local shops – Christmas Fayre Enterprise project	Anti-bullying ambassadors – School Nurse Online Safety Visits to Town Travel Training Enterprise project – class fund raising	Flat Stanley First Aid workshop Work experience Online Safety ICT Gambling – WORKSHOP College Visits Workplace visit
Year 1	Action Planning – Unit 1 Emotional Wellbeing – Unit 5		Being a Critical Consumer – Unit 11 Diversity, Prejudice and Discrimination - Unit 12	Relationships and Behaviours in the workplace -Unit 9 Healthy Lifestyles – Unit 6
Topic	- Highlighting my talents – preparing for interview. (Personal strengths, Personal Action Plan) - Identifying and expressing feelings - Managing strong feelings - Managing online information - Mental wellbeing/ Mental health - Managing pressure - Body image/ Impact of social media		- Exploring consumer influence - Financial decision making - Roles and responsibilities - Differences and similarities - Discrimination and The Law - Diversity/rights and responsibilities - Addressing extremism and radicalisation	- Personal Care and supporting others - Sexual health - Strong Body – strong mind – how to be our best self - Physical activity - Eating choices to influence lifestyle - Drugs education – county lines/ exploitation - Peer influence, substance use and gangs
Year 2	Applying for Jobs and courses - Unit 8.2 Career Explores Unit 8.1		Friendships and feelings – Unit 2	Personal Safety – Unit 10
Topic	- Making informed career choices - Applying for jobs and courses - Building for the future - Developing skills and aspirations		- People who are special to us – Circle of Trust - Building relationships – informal and formal - Identity and relationships - Conflict management - Self-esteem and assertive behaviours - Standing up for my own beliefs	- Feeling unsafe – reflecting on risky situations and how to manage them - Exploring emergencies in the community - Personal safety when out in the community - Keeping safe online - gambling - Transition and safety
Year 3	Making informed Careers Choices – Unit 7		Sex and relationship Education – Unit 3	Personal Finance – Unit 4 Personal
	- Preparing for adulthood - Making informed career choices - Applying for jobs and courses - Careers in the Community - Preparing for work experience: CV, letter of application. - Preparing for interview		- Romantic feelings and sexual attraction - Different types of sexual orientation - Respectful relationships - expectations of relationships/abuse - Communication in relationships - Healthy and unhealthy relationship behaviour - Intimate relationships, consent and the law - Exploring influence - Sexual health	- Preparing for adulthood - Financial decision making - Income: work, benefits, gifts - Managing money – saving types of bank accounts - Using Bank apps safely/ scams - Ways to pay - Safe spending on the internet - Spending in the community (personal safety) - Budgeting for a function

