



LTP 3 Year Rolling Programme- RSHE- Eagles

LOTC	Hello Yellow Day Online safety expectations CIN Day – charity event Visits to local shops – Christmas Fayre Enterprise project	Anti-bullying ambassadors – Online Safety Visits to local shops Enterprise project – class fund raising Work place visit	Flat Stanley First Aid workshop Class Jobs Online Safety ICT Local leisure visit
Year 1	Term 1	Term 2	Term 3
	- Things I am good at - My beaming personality - personal strengths - What makes me feel good/ bad - Discrimination: sex, gender, race, etc - Being a Good Friend - Understanding my emotions - Healthy and unhealthy relationships - How social media can affect me	- Diversity – Valuing everyone around us - Sexual orientation. Growing up – exploring different relationships - Stereotyping - Bullying – the victim/ protagonist and onlooker	- Taking care of ourselves - Elements of a healthy lifestyles - Fitness - What to do when you feel unwell. Who pays for my prescription - Healthy eating - Smoking/ Vaping/ Edibles - Setting personal goals
Year 2	Term 1	Term 2	Term 3
	- Exploring different job roles - Research the local labour market - Meet and question people about their jobs - Professional appearance and conduct - Class business project: money made to be spent as class chooses!	- Friendship (valuing others/ managing conflict) - Kind and unkind behaviours - Self-esteem and unkind comments - Managing big feelings - Reproduction - Appropriate and not appropriate behaviour in a relationships - Consent - Peer pressure	- Feeling frightened/worried - Medicinal drugs - Keeping safe around water and in the home Exploring emergency situations in the home - Keeping safe online - Transition and safety
Year 3	Term 1	Term 2	Term 3
	- Talking without words/ Communication & Body Language - Appropriate/ inappropriate touch - Learning to Listen / Hold a conversation - Social scripts - Formal vs informal situations	- Crime in our community – what can we do - knife crime - grooming - cat fishing - gambling - Using the internet safely - Debating issues	- Taking responsibility in the community - Taking responsibility for our world – making a difference - How to persuade others to do the right thing - Road safety: on foot, scooters/bikes etc. - Recycling project - to raise money for a chosen cause