



LTP 3 Year Rolling Programme- PE -Falcons

Year 1	Term 1:		Term 2:		Term 3:	
	Team Games	Gymnastics	Send and Receive	Net/ Ball Games	Rounders	Athletics
Physical Skills	Throwing and catching. Hand eye co-ordination	Balance and shape.	Throwing and catching. Hand-eye co-ordination	Use of equipment (Rackets/ bats)	Striking and bowling a ball Throwing & catching.	Running, jumping and throwing. Gross motor skills.
Non- Physical skills	Communication.	Spatial awareness. Safety	Communication and observation	Communication and observation. Basic rules/ scoring	Communication and observation. Basic rules/ scoring	Safety. Awareness of others.
Year 2	Term 1:		Term 2:		Term 3: Tennis	
	Team Games	Gymnastics	Send and Receive	Net/ Ball Games	Kwick Cricket	Athletics
Physical Skills	Throwing and catching. Hand eye co-ordination	Balance, shape and control	Throwing and catching. Hand eye co-ordination	Use of equipment (Rackets/ bats)	Striking and bowling a ball Throwing & catching.	Running, jumping and throwing. Gross motor skills.
Non- Physical skills	Communication. Sportsmanship.	Spatial awareness. Safety	Communication and observation	Communication and observation. Basic rules/ scoring	Communication and observation. Basic rules/ scoring	Safety. Awareness of others. Timing and measuring.
	Term 1:		Term 2:		Term 3:	
	Team Games	Gymnastics	Send and Receive	Net/ Ball Games	Rounders	Athletics
Physical Skills	Throwing and catching. Hand eye co-ordination	Balance, shape, control and posture.	Throwing and catching. Exploring technique. Hand eye co-ordination	Use of equipment (Rackets/ bats). Exploring technique.	Striking and bowling a ball Throwing, catching and fielding.	Running, jumping and throwing. Gross motor skills.
Non- Physical skills	Communication. Being a team player.	Spatial awareness. Safety, artistry.	Communication and observation	Communication and observation. Basic rules/ scoring	Communication and observation. Basic rules/ scoring	Safety. Awareness of others. Timing and measuring.