



## LTP 2 Year Rolling Programme- PE- Red Kites



| Year 1                                                                                                                                                                                                                                                                                                                                                                                                                                  | Term 1:                                                                                                                                                                                                                                                                                                                                                                  | Term 2:                                                                                                                                                                                                                                                                                                                                                                  | Term 3:                                                                                                                                                                                                                                                                                                                                                                  |
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| <b>OCR Entry Level Certificate in Physical Education:</b><br>Learners are assessed in <b>four</b> activities, one team, one individual and then two others of their choice.<br>Learners may choose to be addressed in the role of leader in <b>one</b> of their <b>four</b> activities<br>Learners analyse a performance by another learner or themselves in one practical activity, suggest ways that the performance may be improved. |                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                                                                                          |
| Sport                                                                                                                                                                                                                                                                                                                                                                                                                                   | Students' Choice*                                                                                                                                                                                                                                                                                                                                                        | Students' Choice*                                                                                                                                                                                                                                                                                                                                                        | Students' Choice*                                                                                                                                                                                                                                                                                                                                                        |
| <b>Skills</b>                                                                                                                                                                                                                                                                                                                                                                                                                           | <b>Specific skills as outlined in the OCR specification for the sport chosen.</b><br>Perform range of basic skills and techniques<br>Consistently performs skills and techniques in isolation and as part of a whole performance or in conditioned competitive situations.<br>Maintain good accuracy, control and fluency of skills in isolation and during performance. | <b>Specific skills as outlined in the OCR specification for the sport chosen.</b><br>Perform range of basic skills and techniques<br>Consistently performs skills and techniques in isolation and as part of a whole performance or in conditioned competitive situations.<br>Maintain good accuracy, control and fluency of skills in isolation and during performance. | <b>Specific skills as outlined in the OCR specification for the sport chosen.</b><br>Perform range of basic skills and techniques<br>Consistently performs skills and techniques in isolation and as part of a whole performance or in conditioned competitive situations.<br>Maintain good accuracy, control and fluency of skills in isolation and during performance. |
| <b>Decision making and rules</b>                                                                                                                                                                                                                                                                                                                                                                                                        | Selection and use of skills<br>Applying tactics<br>Awareness of rules and conventions<br>Understanding of roles and positions<br>Teamwork and communication                                                                                                                                                                                                              | Selection and use of skills<br>Applying tactics<br>Awareness of rules and conventions<br>Understanding of roles and positions<br>Teamwork and communication                                                                                                                                                                                                              | Selection and use of skills<br>Applying tactics<br>Awareness of rules and conventions<br>Understanding of roles and positions<br>Teamwork and communication                                                                                                                                                                                                              |
| Year 2                                                                                                                                                                                                                                                                                                                                                                                                                                  | Term 1:                                                                                                                                                                                                                                                                                                                                                                  | Term 2:                                                                                                                                                                                                                                                                                                                                                                  | Term 3:                                                                                                                                                                                                                                                                                                                                                                  |
| Sport                                                                                                                                                                                                                                                                                                                                                                                                                                   | Students' Choice*                                                                                                                                                                                                                                                                                                                                                        | Students' Choice*                                                                                                                                                                                                                                                                                                                                                        | Students' Choice*                                                                                                                                                                                                                                                                                                                                                        |
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| <b>Decision making and rules</b>                                                                                                                                                                                                                                                                                                                                                                                                        | Selection and use of skills<br>Applying tactics<br>Awareness of rules and conventions<br>Understanding of roles and positions<br>Teamwork and communication                                                                                                                                                                                                              | Selection and use of skills<br>Applying tactics<br>Awareness of rules and conventions<br>Understanding of roles and positions<br>Teamwork and communication                                                                                                                                                                                                              | Selection and use of skills<br>Applying tactics<br>Awareness of rules and conventions<br>Understanding of roles and positions<br>Teamwork and communication                                                                                                                                                                                                              |

\*List of Sports to choose from: **Football, Hockey, Basketball, Netball, Cricket, Dance, Gymnastics, Badminton, Tennis and Table Tennis.**  
Students must select: 1 Team Sport, 1 Individual Sport and 2 Sports of their group choice.